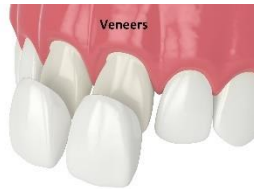


ANTERIOR CROWN, VENEER, OR LARGE FILLING INFORMATION AND INSTRUCTIONS

DENTAL WORK IS SURGERY! REMOVING DECAY, PLACING FILLINGS AND ADMINISTERING ANESTHETIC CAN ALL CAUSE IRRITATION TO THE TOOTH AND TISSUE. MOST PATIENTS EXPERIENCE SOME TENDERNESS OR EVEN TEMPERATURE SENSITIVITY FOR A FEW DAYS AFTER TREATMENT. SOMETIMES DEEPER CAVITIES REQUIRING MEDICINE TO BE PLACED CAN CAUSE THIS DISCOMFORT TO LAST A LITTLE LONGER UNTIL THE NERVE CALMS DOWN.

FRONT TEETH CAUSE FURTHER COMPLICATIONS DUE TO THEIR LOCATION. THESE TEETH BITE INTO FOODS AT AN ANGLE THAT PUTS THESE RESTORATIONS AT A GREATER RISK FOR FRACTURE OR A CROWN COMING OFF (SEE OTHER INSTRUCTIONS IF CROWN COMES OFF).



THINGS TO REMEMBER

- 1) BE CAREFUL WITH NUMBNESS AND AVOID EATING UNTIL FEELING RETURNS.
- 2) TAKE IBUPROFEN (ADVIL, MOTRIN) TO HELP REDUCE INFLAMMATION FOR AT LEAST 2 DAYS AFTER TREATMENT. IBUPROFEN IS BETTER THAN ACETAMINOPHEN (TYLENOL) FOR THIS PURPOSE. IT IS BEST TO TAKE AS SOON AS POSSIBLE AFTER TREATMENT IS COMPLETED TO GET AHEAD OF THE POTENTIAL TENDERNESS.
- 3) EAT SOFTER, MILD TEMPERATURE FOODS.
- 4) **IF THE BITE FEELS OFF AND CROWN OR FILLING FEELS TOO BIG AFTER A FEW DAYS, CONTACT THE OFFICE FOR AN ADJUSTMENT.** WHEN A PATIENT IS NUMB, IT IS HARD TO ALWAYS ADJUST THE BITE PERFECTLY AND CORRECTIONS MAY BE NECESSARY. IF THE BITE IS OFF EVEN A VERY LITTLE BIT, IT CAN CAUSE DISCOMFORT TO THE TREATED TOOTH OR OTHER TEETH.
- 5) **DO NOT BITE INTO HARD FOODS!!!** FRONT CROWNS, VENEERS OR FILLINGS CAN HAVE ISSUES WHEN BITING INTO FOODS LIKE HARD BREADS, APPLES, COOKIES, EVEN CORN ON THE COB ETC. IT IS BEST TO CUT FOODS UP TO AVOID ISSUES WITH FRONT FILLINGS.
- 6) SOMETIMES WE RECOMMEND NIGHT GUARDS TO HELP PROTECT FRONT TEETH AS WELL.

CALL/TEXT/EMAIL OUR OFFICE AS NEEDED FOR MORE INFORMATION

CALL: 630.963.7766

TEXT: 630.478.2527

EMAIL: SMARTMOUTH@SMARTMOUTHWOODRIDGE.COM